



Making healthy Dutch toast



Ingredients

- 2 slices Organic young cheese
- 4 slices of brown bread
- 0.5 tablespoon of honey mustard
- 0.5 tomato or piece of cucumber, cut into thin slices
- 2 slices of smoked chicken breast or ham

Looking for a quick and healthy lunch? Try our delicious Dutch tosti healthy. This sandwich is not only tasty but also nutritious. With organic young cheese, lean meat and a touch of mustard, it is a savoury treat. Perfect for a quick meal or as a snack. In just 15 minutes, this crispy sandwich is on the table. Add your favourite vegetables for extra crunch.

Preparation

- 1: Lay the slices of bread side by side, spread with the mustard and top with a slice of cheese.
- 2: Spread the tomato or cucumber slices over 2 slices and top with the chicken breast or ham. Cover with the cheese.
- 3: Fry the sandwiches until golden brown in a sandwich maker, contact grill or frying pan.
- 4: Cut the sandwich diagonally.

Ready to make Dutch toast?

The Dutch tosti healthy is a classic with a healthy twist. Make it with organic young cheese, tomato, chicken breast (or ham) and a touch of honey mustard on brown bread. Or experiment with your own ingredients. The choice is yours. Quick, nutritious and oh so delicious! Order the required cheese in our webshop and enjoy this tasty dish. Taste it!